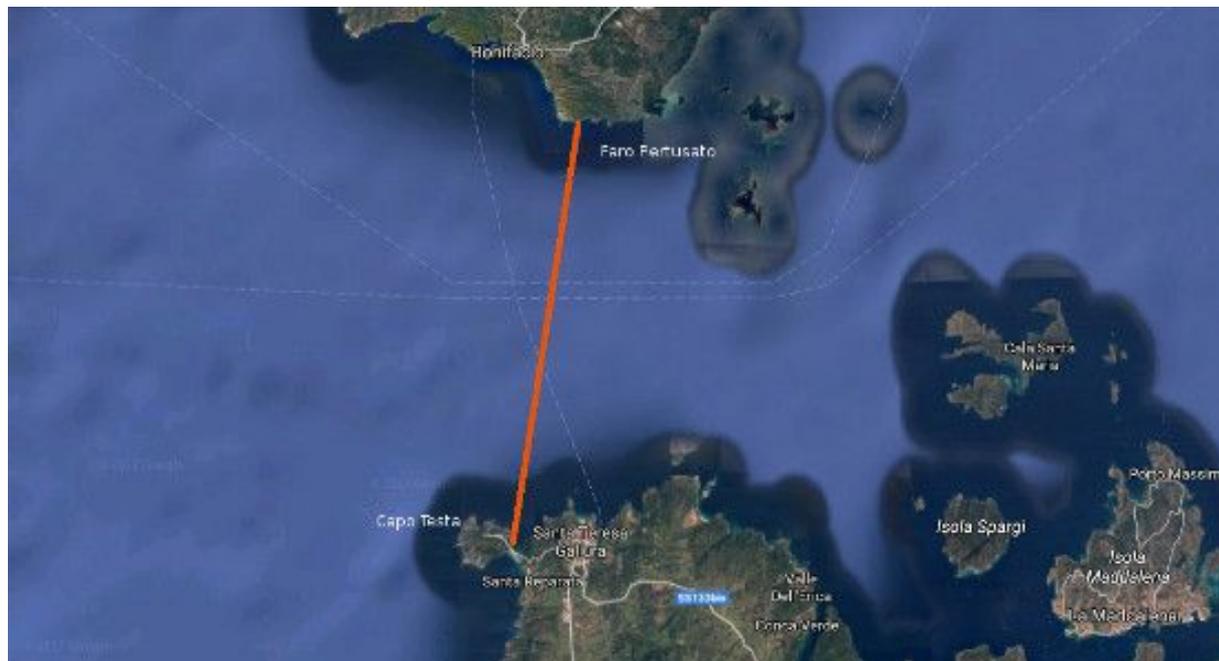


Bonifacio's mouths 2017



The Crossing of the Bonifacio's mouths 2017 is not a competitive open water swimming, to be performed with the other swimmers.

Place

Strait of Bonifacio, from Baia Santa Reparata (IT) to Cape Pertusato (FR).

Distance

15 km ca. in line, depending on the weather and sea conditions from Baia Santa Reparata (IT) to Cape Pertusato (FR) or from Cape Pertusato (FR) to Santa Reparata Bay (IT).

Organization

Asd NAL in collaboration with Circolo Nautico Amici del Mare.

Useful days for the crossing

23 and 24 September 2017.

In case of adverse marine weather on any particular day it will be decided an alternative route along the coast..

Briefing

18.00 on 22 September 2017 c/o Albergo Bocche di Bonifacio.

Crossing departing from Sardinia

Meeting at 05.15 c/o Albergo Bocche di Bonifacio (Base Camp).

Starting at 5.30 hours ca. from Baia Santa Reparata (5 minutes walk from the Albergo Bocche di Bonifacio).

Arrival by 10.30 to Pertusato Cape.

Upon arrival swimmers will wait the last before returning to Base Camp.

Times and places of departure and landing place will always be communicated before to the departure date.

Crossing departing from Corsica

Meeting at 05.15 c/o Albergo Bocche di Bonifacio (Base Camp).

Transfer by boat at 5.30 hours ca. to Corsica

Departure at 6:15 to 6:30 ca. by Pertusato Cape.

Arrival by 11.30 at Baia Santa Reparata

Upon arrival swimmers will wait the last before returning to Base Camp.

Times and places of departure and landing place will always be communicated before to the departure date.

Suitable conditions for the crossing

The crossing will only be carried out with favorable weather and sea conditions, with the approval of the Port Authorities, with a trend in favor or neutral for a minimum of 2/3 of the distance and with less than / equal to 50 cm waves.

Water temperature

In the last years the waters of the Strait of Bonifacio recorded the average temperature between 20 and 23 degrees centigrade.

Rules for participants

The crossing is a non-competitive swimming, the times indicated on the entry form must respect the maximum permitted by the Organization (5 hours approx), you must be respected as much as possible because it will create small homogeneous groups that will advance together.

Each group will have to remain as compact as possible for security reasons, each group will be accompanied by a boat to support and canoeists. If canoeists were not of equal numbers of swimmers they will be divided equally, guaranteeing coverage to all groups.

Swimmer obligations

Have a buoy support and visibility as the ISHOF SaferSwimmer.

Having a waterproof underwater torch to be placed on the neck and one on the marker buoy. We'll show them to take. Organize themselves in the efforts towards preparing pre / during / post swim, which it will be handed out to those who follow him during the crossing.

Having a backpack to be delivered to the paddler / boatman with their supplies and spare accessories.

Prepare a waterproof bag with the change for after swimming, to be delivered to the boats of support, including the ID card or passport valid for any inspections by the Italian and / or French law enforcement.

Related activities

From 19 to 22 September 2017, pending the crossing will be organized for those who want to, and supplementary nutrition counseling meetings, technique of swimming, programming, short sessions at sea.

It is also planned circumnavigation of the (Capo Testa) Cape Head in stages over several days.



Registrations

Open to all swimmers in order with the agonistic medical certificate, with a past experience on similar distances.

The maximum number of participants is set to 12 swimmers, while the minimum of 8.

If enrollment applications exceed the maximum number, the organization will reserve to be able to consider the feasibility of increasing the number of participants were satisfied only if the guarantees of safety for swimmers.

Participation fee

The fee includes pasta party to follow the crossing and the contribution of 5.00 euro to be donated to charity.

Pre-registrations performed by 31 March 2017 to 400.00 euro per swimmer

Pre-registrations from April 1 to 30 April 2017 to 450.00 euro per swimmer

Terms of enrollment

- April 30, 2017, Pre-registrations Closed

- From 1 to 7 May 2017, Payment of 60% of the fee (€ 240.00 or € 270.00)

- From 1 to 7 July 2017, 40% Payment of the fee (€ 160.00 or € 180.00)

Payment to be made after the enrollment acceptance by the NAL Organization.

The registration fee will not be refunded in the cases

- Cancellation of the trip due to weather and sea conditions unsuitable or other external factors that do not allow the Organization to make the same journey in safety

- Renunciation of the swimmer to take part in the journey, regardless of the reasons that determine the renunciation

Recommended accommodation

Albergo Bocche di Bonifacio

Via Porto romano, 07028 Capo Testa, Santa Teresa Gallura OT

<http://xoomer.virgilio.it/bocchebonifacio/>

Referent - Marilena Murru, Tel 0789754202 or 3471119509

We will send the agreement and if you decide to stay at the hotel, you will need to notify us as soon as possible the arrival day, the day of departure, the type of room (single, double, triple), how many will be in the room, type beds (single and / or double), if BB or HB

Logistic information

For those leaving from the continent it is advised to arrive with cars via Olbia.

Distance from Olbia to the Albergo Bocche di Bonifacio 65 km ca. (1h15min to drive).

The Organization does not guarantee support of movements if not the one with the boat on the day of the crossing.

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